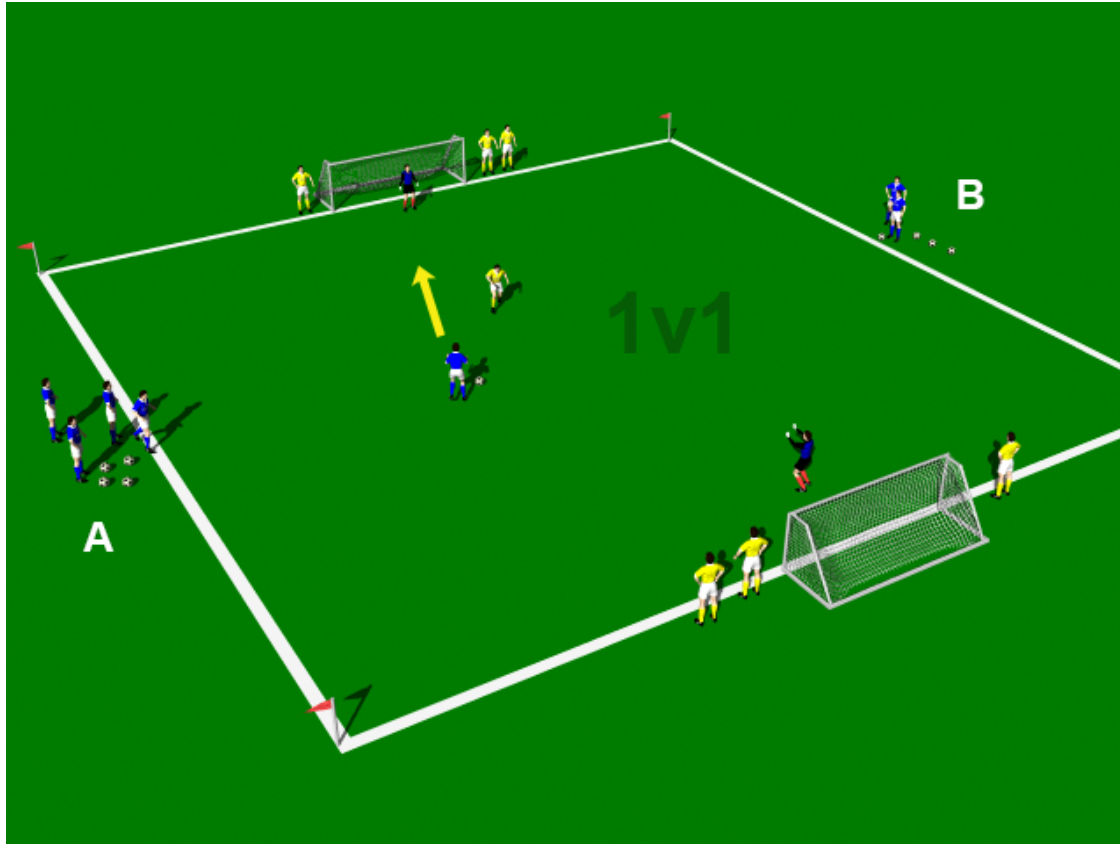


Arsenal 1v1, 2v1, 3v1 Attacking Game



Objectives:

This is a great shooting game to improve quick transition in a 1v1, 2v1 and 3v1 attack.

Coaching Points:

Divide your players into two teams. Play on an area approximately 30 yards by 20 yards. Use 2 goals.

Sequence:

1. The practice starts with a player from group "A" playing a pass to the first player in group "B". The player then attacks the goal to try and score. A player from the defending group runs out to defend the attacker.
2. After the attack has ended, a player from group "B" plays a pass to the attacking player and then joins them to attack the opposite goal in a 2v1 situation.
3. After the attack has ended, a player from group "A" plays a pass to one of the attacking players and then joins them to attack the opposite goal in a 3v2 situation. The extra defender joins his partner on the field.
4. Rotate groups.

Emphasize the following:

- Attack with game speed mentality, “**need for speed**”.
- Use a variety of dribbling moves when attacking 1v1, change of speed and direction.
- Commit the defender before passing the ball in a 2v1 and 3v2 situation.

Encourage defenders to defending with tenacity to make it challenging for the attacking player to shoot.

Field Preparation

- ☆ Entire Team.
- ☆ Area 30 by 20 yards
- ☆ Supply of Balls and Cones
- ☆ 2 Large Goals.

