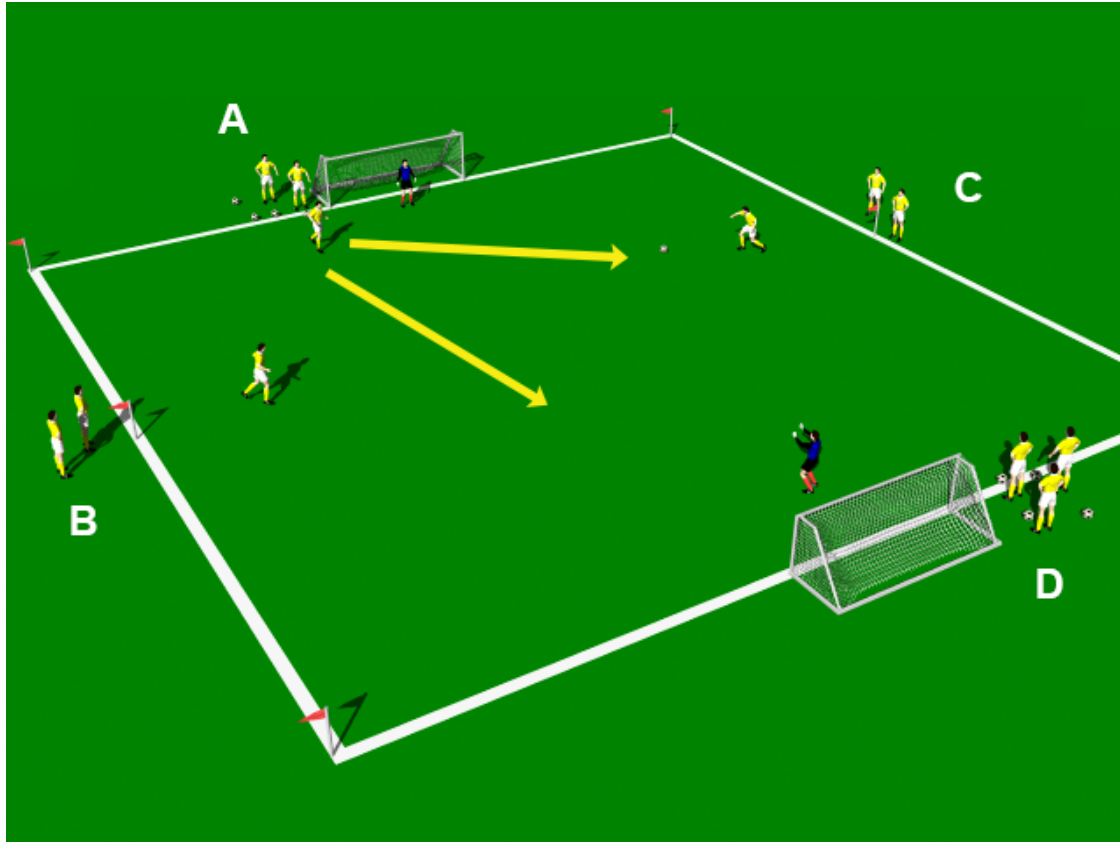


Arsenal 2v1 Shooting Game



Objectives:

This is a fun, high tempo, shooting game emphasizing a 2v1 attacking situation.

Coaching Points:

Divide your players into four groups. Play on an area approximately 20 yards by 30 yards. Use 2 goals. Position the four groups as in the diagram above.

Sequence:

1. The practice starts with a player from group "A" playing a pass to a player in group "B" or "C". If they pass to a player in group "C", then a player from group "B" must come out defender in a 2v1 situation. If they pass to a player in group "B", then a player from group "C" must come out defender in a 2v1 situation.
2. When the attack is concluded, the exercise is then repeated from the opposite side. Rotate groups every 6 minutes.

Emphasize the following:

- Attack with game speed mentality, "**need for speed**".
- Use a variety of dribbling moves, change of speed and direction.
- Commit the defender before passing the ball in a 2v1 situation.