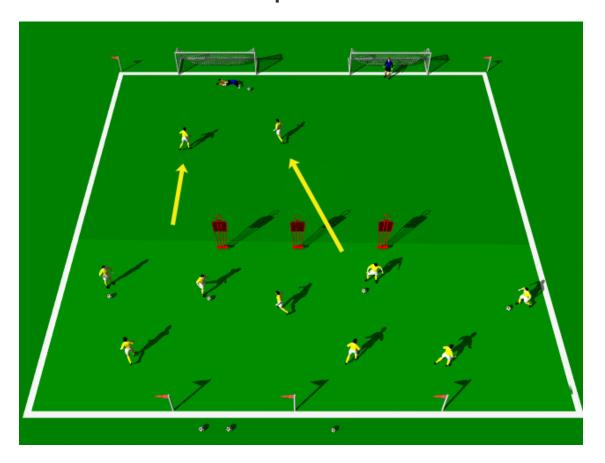


Chelsea Mannequin Game 2



Objectives:

This is a fun, shooting game that players love to do. The exercise will develop a player's ability to combine with a partner to create goal scoring opportunities.

Coaching Points:

Divide your players into pairs, with one ball between two. Players pass the ball with their partner in the area in front of the mannequins. When the coach calls out the pairs name, they must combine with each other to quickly try and score in either goal. First pair to score three goals win.

Emphasize the following:

- Attack with game speed mentality, "need for speed".
- Quick combination passes.
- Supporting player should be alert to rebounds from the goalkeeper.