

"Stick Together Game"



Inside the Practice

This game is designed to encourage players to "Stick Together" as a group. Within a small area, one team holds hands and forms a chain. They get 60 seconds to tag players in the opposite team. A player is eliminated if they are tagged. Swap roles after 60 seconds. Team that tags the most players wins.

Field Organization

- Practice Area: 10 x 10 Yards
- Equipment: Balls, Cones, Pinnies.
- Skill Level: Intermediate to Advanced.